



Peachy Clean

Lash Lift Care

Pre Appointment:

- Make sure you have filled out the online form that can be found in the FORMS section of my website.
- Please come with **CLEAN** lashes to your appointment. I do not allow time for clients to remove mascara prior to the service and **clean lashes will have the best results**. All other eye makeup will be wiped off prior to treatment, but it is preferred for you to wear none.
- If you wear contacts, please **bring your case and solution** so you can remove them prior to the service.
- Shower and workout **before** your appointment if possible, as you cannot get the lashes wet for **24 hours** post treatment.
- I do not recommend getting a Lash Lift if you have recently had eyelash extensions. Extensions, even when done properly, can weaken the lashes. Please wait at least **4 weeks post extension removal** before getting a Lash Lift.

Post Appointment:

- **DO NOT GET YOUR LASHES WET FOR 24 HOURS.** This includes any heavy sweating.
- **KEEP YOUR LASHES CLEAN FOR 24 HOURS.** Do not apply mascara, eye makeup remover, face wash, makeup wipes, oils, lotions, creams, or lash serums.
- **I recommend sleeping on your back for the first night after your service.** The lashes are still malleable for the first 24 hours. Side and stomach sleepers will want to sleep on their backs to avoid any misshaping of the lashes.
- After 24 hours, keep in mind that excessive use of oily cleansers, makeup removers, wipes, etc. can cause the lashes to fall prematurely. **Try to use oil free products.**
- Please keep in mind that you cannot have another Lash Lift for at least **8 weeks**. This ensures that the lashes are not being overprocessed and stay healthy.
- Whether you get a lash lift or not, I recommend using a regular lash serum daily to help condition and strengthen your natural lashes. Brands such as **RevitaLash** and **GrandeLash** are great. I do not generally recommend Latisse.